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## Principal's Message

Classes are in full swing here at Sir John with many exciting events taking place both in and out of the classroom, as evidenced by the numerous articles written in this month's edition of the Sir John Newsletter! In this issue you will find news about the exciting banners and championships won by our Falcon Cross Country and Volleyball teams, the SJF SPCA group, student travel to the exciting annual Dreamcatchers Conference in Edmonton, projects by our art students, Science experiments, safety tips from our RCMP liaison officer and the opening of our brand new "Falcon Health Haven"!

The Fine Arts department has been working very hard to put on another **Fine Arts Evening** on November 7 where they get to showcase the amazing artistic talents of our students so come out and check it out.. The Drama students have also been putting in many extra hours in preparation for this year's "**Children's Theatre Festival**" production of "**The Lion King**"! The costumes are amazing and sneak previews suggest that this is going to be another hit show for Sir John that you won't want to miss! Tickets are on sale now at NACC so get your tickets early for this evening of fun.

*Ed Lippert, Principal*



Al McDonald, Ed Lippert and Dean McInnis

### IMPORTANT DATES:

- 7: Fine Arts Evening
- 8-12: Lion King @ NACC
- 10: Remembrance Day Assembly
- 16: Challenge Cup
- 22: Report Card Distribution
- 23: Anti-bullying Day
- 24: Parent/Teacher Interviews Drop-in night from 7-9 PM.
- 25: SIP Day. Students dismissed at 11:30 AM.
- 25-27: Female Hockey Tourney

## Dreamcatchers

On October 13<sup>th</sup> to the 16<sup>th</sup> the Sir John Franklin Dreamcatchers Group went to Edmonton, Alberta to take part in the *2011 Dreamcatcher Aboriginal Youth Conference*. It was a wonderful experience for the nine students to be able to attend a variety of sessions, visit the Educational exhibits and take a tour of the Grant MacEwan University Campus.

Some of the sessions that the students attended included: The Art of Metis Beading, The RCMP-A Career Like No Other, Flash, Bang, Boom-The Fascinating World of Chemistry and Healthy Self: Taking Care of Your Mind, Body & Spirit. The students also were able to take in some shopping and a group dinner at the Japanese Village Restaurant.

### A big thank you to the following:

George Cleary

GNWT (MACA)

First Air-Mike Olson

Denendeh Investments Inc-Darrel Beaulieu

Yellowknife Education District #1

École Sir John Franklin High School staff and students

Sheila Stewart, Chaperone & Aboriginal Language and Culture Teacher and Dene Kede Facilitator

*The students parents*, Barry & Louise Henkel, Cheryl Cleary & Jayson Madsen, Chantelle & John Hotte, Sandra & Felix Lockhart, Robin Poyotok, Carol Mills & Andre Dorais, Alice & John Evans, Lisa Colas, Myra Hatton and Leah Mandeville.



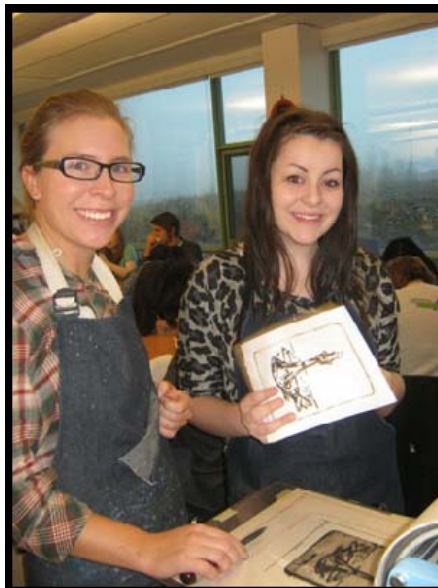
Participants: Anna Juniper, Brenda Hotte-Joyce, Jackson Henkel, Tristan Lockhart, Veronica Poyotok, Skye Iacroyx, Brandon Evan, Samantha Dawson, Gwen Broadhead  
Chaperones: Doreen Cleary and Sheila Stewart

## Art

### Former Falcon, Rae Braden, returns to Sir John

Sir John graduate and professional printmaker, Rae Braden, returned to Sir John on Oct. 17 – 19 to facilitate a dry-point etching workshop with Ms. Tonge's Art 20 and Art 30 classes. Students were led through a multi-step process whereby they selected an image to translate into printed form, beginning with etching the image onto a sheet of Plexiglas®. There were several demos by Rae to ensure students fully understood the detailed and somewhat messy printing process.

Students were asked to come up with an edition of four prints, which students soon realized took more time than originally anticipated. Students were pleased with their results, with some taking the time to add watercolour to their prints for more "wow" factor.





## Anti-bullying Day

November 23rd is Anti-bullying Day. Wear your pink to show your support!

### SJF SPCA



The SJF SPCA group has been going to Great Slave Animal Hospital to walk pound dogs once a week since the beginning of the school year. We usually go on Wednesday or Thursday.



We have been extremely lucky with the weather so far and every student who has come once has decided to come again. It is a very rewarding experience and the dogs are very friendly.

You can join the SJF SPCA group and earn COM hours every time you walk a pound dog. Places are limited so hurry and come sign up for the next walk just outside of room 23.



## Remembrance Day

*The eleventh hour of the eleventh day of the eleventh month marks the signing of the Armistice, on the 11th of November 1918, to signal the end of World War One.*



Sir John will be holding a Remembrance Day Assembly on **Thursday, November 10th at 10:45 AM.**

**The Sir John Franklin Drama Department  
Proudly Presents...**



# The Lion King

Music and Lyrics by Elton John and Tim Rice, Book by Roger Allers and Irene Mecchi  
Directed by Landon Peters

Tuesday, November 8th, 2011 - Saturday November 12th, 2011, 7pm  
Matinee on Saturday November 12th, 2011 at 2pm

At the Northern Arts  
and Cultural Centre

\$10  
plus NACC service charge

# Science Department

## Activities, Hands-on Labs and Demonstrations

In Science, there are many opportunities to take students outside the textbook and apply theories and scientific discovery. Science teachers offer a number of interesting labs, demos and hands on activities where students get to discover and learn. These opportunities are key for students to understand and apply what they learn.

Everyone is welcome to come explore in the SJF Science Department. Come check it out!

**Gwen Young**  
*Science Department Head*

## French Immersion Science

Science 10 students in French Immersion experimented with small cars to study movement as part of the Physics unit. They had to measure variables such as the total distance traveled by their decelerating car and the time it took the car to come to a complete stop. Then, they calculated the average speed of the car and estimated its initial speed by multiplying the average speed by two (we assumed the negative acceleration was uniform). Last step, calculate the value for the negative acceleration!



**Kim Poitras**  
*French Immersion Science Teacher, Room 22*

# Art



## The Falcon Health Haven Mural – in Progress!

Ms. Tonge's Art 30 class has been very hard at work for the last month designing and painting the new Falcon Health Haven. This space is the former Seminar/Yearbook Room that will be used by Public Health Nurses, Nancy Trotter, as well Nurse Practitioner, Grace Nakano and Crisis Counsellor, Peter Therrien.

Students brainstormed how to make this space welcoming for all segments of our student population while simultaneously keeping the room focused on health, wellness, and disease prevention. Students were divided into "teams" and each assigned a different wall. Below are the names of the students who took part in this amazing project.

"Wall of Well-being" – Stuart Hamre, Chenlei Shen, & Nick Walker

"Falcon Health Haven Bulletin Board" – Alex Turner-Davis & Samantha Demibas

"STI Prevention" – Heather Lapka, Maggie Smith, & Shelby Brothers (missing from photo)

"Pregnancy Facts & Prevention" – Kelsey Hobbs-Peddle, Meagan McDougall, &





Royal Canadian Mounted Police  
Gendarmerie royale du Canada

Cst. Amanda McGillivray is an RCMP Officer with the Yellowknife Detachment and is the liaison with ESJF. Cst. McGillivray provides support to the School by her involvement with Student Council, Staff and Students. She is available to run class presentations on a variety of topics such as Drugs, Anti-bullying, etc. Cst. McGillivray is available to the Students for support and assistance. If students need to speak with her they can come to the office and we will arrange a meeting with both parties.



*Here are some safety tips courtesy of Cst. Amanda McGillivray:*

### **Internet Safety Tips for Children**

Don't give out personal information about yourself or your family.

- Your real name or the names of your parents, brothers, or sisters
- Your address or phone number
- Where you go to school
- Where your parents work
- Your parents' credit card, PIN, or any other numbers that only your family should know

Don't think that people really are who they say they are. When communicating with others in chat rooms, remember that not everyone is who they say they are. You might think you are talking to a 10, 11, or 12 year old boy, but instead, you might really be chatting with a 40 year old man.

Don't send pictures of yourself online.

Never answer anyone who makes you feel uncomfortable or who is pushing you to give out personal information about yourself or your family.

### **Internet Safety Guidelines for Parents/Caregivers**

BECOME MORE COMPUTER LITERATE

KEEP THE COMPUTER IN A COMMON AREA WHERE YOU CAN SEE WHAT'S GOING ON

SPEND TIME ONLINE WITH YOUR CHILDREN TO EXPLAIN YOUR RULES FOR APPROPRIATE USE OF THE INTERNET.

Frequently check your software's History folder to see what sites your child frequents. This will help you make sure that he or she is not receiving, accessing, or sending inappropriate material. You could also check your child's Favorites folder (on Internet Explorer) or the Bookmarks folder (on Netscape).

## CAUTION YOUR CHILDREN ABOUT GIVING OUT PERSONAL INFORMATION ONLINE

### KEEP COMMUNICATION OPEN WITH YOUR CHILDREN

- Talk openly about what material is inappropriate or obscene. Ask your children to inform you at once if they see or receive anything that is inappropriate or obscene.
- Restrict and monitor the time they spend on the Internet.
- Even if your children do not have access to the Internet in your home, they will have access at their friends' homes. Internet safety rules should apply no matter where they are when they are using the Internet.
- Almost one third of the top 50 favorite Web sites listed by kids incorporate material that is violent (28 %) or highly sexualized (32 %).
- **Bullying and Harassment on the internet:** 34% of students in Grades 7 to 11 report being bullied while 12% report having being sexually harassed.
- Of those young people who report being sexually harassed over the Internet, over half (52 %) say it was someone they knew in the real world.

Cst. Amanda McGillivray  
Yellowknife Community Policing  
Yellowknife Detachment

## Falcon's Health Haven

New this year ESJF is happy to announce that there is a place for students to see Public Health Nurses and a Mental Health & Addictions Counsellor. The Falcon's Health Haven, named by the students, is located near the Math and French wing. It has been designed and freshly painted by the students.

The Health Haven was created because students wanted a youth friendly environment where they could access accurate health information and receive some health services with a convenient location. It will offer students a variety of health resources such as nutrition, immunizations, sexual health, stop smoking interventions, stress management and healthy lifestyle information.

Students will also be able to drop in to see a Public Health Nurse and/or Nurse Practitioner to address their own specific concerns. We believe it's a good idea for young people to talk to their parents about health concerns and worries. However, we know that sometimes this may not be possible. Our goal is to provide education and services that help to support youth in making responsible health decisions.

Nurses, Grace and Nancy, are scheduled to be available in the Haven on Tuesdays from 10:00 AM to 4:00 PM, Wednesdays from 10:00 AM to 12:30 PM and Thursdays from 11:30 AM to 1:30 AM.

The Mental Health & Addictions Counselor, Peter Therrien can be reached at (867) 765-7715.

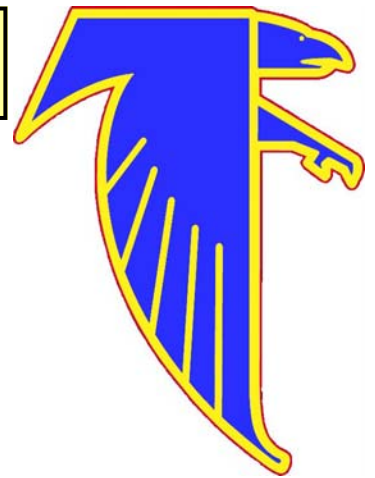
Public Health Nurse: Nancy Trotter  
Nurse Practitioner: Grace Nakano  
Mental Health & Addictions Counsellor: Peter Therrien



Department of Health and Social Services  
Ministère de la Santé et des Services sociaux

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# Falcon News



## Cross Country

The Sir John Franklin Cross Country Team delivered an amazing performance at the NWT Cross Country Championships in Behchoko and represented their school with pride. Coaches Kim Poitras and Shannon Ferreira accompanied the 12 athletes who competed at the event which took place on October 7, 2011. Each participant displayed tremendous effort and team spirit throughout the competition. Here are some of the highlights from the event:

Sir John won the **High School Division banner!**

### *Gold Medal winners:*

Gabe Klengenber, Jeanne Yurris

### *Silver medal winners:*

Desiree Brown, Danny Chambers, Shannon Ferreira

### *Bronze medal winners:*

Eric Chalker, Ali Flemming

*Please congratulate the Sir John Franklin Cross Country Team on an amazing season!*

## **Team Members:**

Etienne Pasini, Desiree Brown, Isaac Wideman, Danny Chambers, Eric Chalker, Ali Flemming, Mary Buckland, Jeanne Yurris, Aimee Yurris, Gabe Klengenber, Mikelle Wile, Kaitlyn Menard

- Coach Shannon

## Challenge Cup

This year's Challenge Cup will be held on **Wednesday, November 16th at the Multiplex**. All students will be dismissed from school for the afternoon so they can come support their teams. Don't forget to wear your school colors!



## Volleyball

On October 20th, the Sir John Franklin volleyball program loaded into a bus for a nice long drive down to Ft. Smith to compete in the 2011 Lawrie Hobart Invitational volleyball tournament. This tournament is always a great trip, giving the athletes a chance to bond and see how they match up against some of the other schools in the Territories. This year, we had 39 athletes along with 5 chaperones make the journey. We entered teams in 6 categories this year. We had students play in the 15 & under girls and boys and the 19 & under girls and boys. In addition to the students, the coaches dusted off their volleyball gear and loosened up their old joints to play in both the Open Mixed division as well as the Open Men's division.

Overall we had a very good weekend with all the student teams qualifying for the Championship matches. This time out, the 15 & under girls and boys were able to bring home the **Championship banners** in their respective divisions, while the 19 & under girls and boys brought home silver medals in two very closely contested matches. In the Open categories, the Sir John Open Mixed team finished a respectable 3<sup>rd</sup> place while the Open Men's team won an exciting Championship game against the hometown favourites from Ft. Smith to bring home the banner.

We had several tournament award winners this year. These individuals are:

***Trisa Ngo – Tournament MVP – 15 & under girls***

***Stephanie Thibault – Sportsmanship Award – 15 & under girls***

***Jaden Beck – Tournament MVP – 15 & under boys***

***Diane Marin – Sportsmanship Award – 19 & under girls***

Every year this tournament gets better and better and we look forward to returning next season.

The next big event for Falcon Volleyball is Spike It 2011. This tournament will take place from November 3-6 in Yellowknife. Sir John will be entering several teams for this tournament and we are excited to get started. Good luck to all the athletes that will be participating in this event.

I would like to take this opportunity to give a special thank you to all the volunteer coaches and assistants that have made this volleyball season possible. These individuals are; Cynthia Roach, Kate Johnson, Jeff Alyward, Dave Coolen, Gwen Young, Danielle Payne, Bridget McLeod and Rod Kennedy. Also, thank you to Beaton Mackenzie for helping get our uniforms printed.

Go Falcons Go!!!

- Coach Paul Shearme

ESJF Volleyball Coordinator